



آغا خان یونیورسٹی

THE AGA KHAN UNIVERSITY

Offered by:

Department of Community Health Sciences

Information and Registration:

Master of Science in Public Health

Department of Community Health Sciences

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Public Health Nutrition Standalone Course with Graduate Credits

September 2 - December 31, 2024 / 2:30 - 5:30 pm / Every Monday

The Master of Science in Public Health (MSPH) Programme is pleased to announce the standalone course scheduled for September - December 2024. This course is part of the programme curriculum but can also be taken without enrolling in a degree programme. Course credits can contribute towards a master's degree.

Course Description

About 85% of premature deaths occur in LMICs are due to nutrition-related Non-Communicable Diseases (NCDs), and under nutrition causes nearly half of the deaths in children under five. This double burden of malnutrition requires integrated action on malnutrition to achieve the Sustainable Development Goals. For this purpose, integrated knowledge of public health and nutrition sciences as a multi-disciplinary approach is needed. Inadequate local evidence relating to diet, nutrition, and disease outcomes constrains the accurate identification of the problem and policy interventions to tackle the rising burden of under- and over-nutrition and chronic disease burdens. Public Health Nutrition (PHN) is an educational discipline that can train candidates to address the alarming rise in malnutrition-related diseases and work in coordination with other stakeholders towards ensuring better health for the masses. Public health nutrition as a subject is growing immensely in importance, considering the real potential to reduce the burden of malnutrition & diet related chronic disease. This course will describe the current issues and concepts of public health nutrition.

The Public Health Nutrition course will enable students to understand the art and science of public health promotion and prevention via sustainable improvement in nutritional status by developing, managing, and evaluating community-based nutrition programs and food and nutrition policy. This course combines public and population health approaches with a sound understanding of the science of nutrition. The course includes interactive sessions along with a variety of active learning strategies, including group projects/presentations, Journal Clubs. Assessment will be through assignments, quizzes, short communication, and concept note writing.

Course credits can contribute towards a master's degree:

Candidates who will achieve a cGPA of 3.5 or above after completing two courses or a cGPA of 3.0 or above after completing three courses are exempted from writing the Admission Test. They will be required to appear for an interview. The courses are valid for three years only for entry into the MSPH programme.

Audience

- Physicians, dentists, nurses, and allied health professionals, preferably with experience in public health
- Health sector managers – public and private
- Public health professionals from other disciplines who have the required experience
- Health professionals working with NGOs and development agencies

Enrolment Criteria

Candidates for enrolment in this course must present the following:

Candidates should have at least one year of full-time work experience after graduation in a health-related field (voluntary work, a part-time or unpaid internship is not included) and should hold at least one of the following degrees are eligible to apply:

Sixteen-year undergraduate degree from an accredited/recognized university in Sciences / Health Sciences, including bachelor's degree such as BSPH, MBBS, BDS, BScN, DVM, D Pharm, BS Human Nutrition, and Dietetics (or equivalent).

Important Information:

Submit the form via e-mail by Friday, August 9, 2024, at visiting.application@aku.edu along with the following as a PDF file:

- Completed and signed application form along with a photograph
- Attested copy of degree and marks sheet of sixteen years of schooling in the relevant field as mentioned in the criteria.
- Attested copy of CNIC / Passport
- Attested copy of work experience letter

Interested candidates are encouraged to ensure their applications are duly completed, as incomplete applications will not be processed.

AKU may request additional documentation or an equivalence certificate to clarify your qualification.

Course Director:
Dr. Romaina Iqbal

Course fee: PKR 102,300
Register by: August 09, 2024